

Lewis & Irene

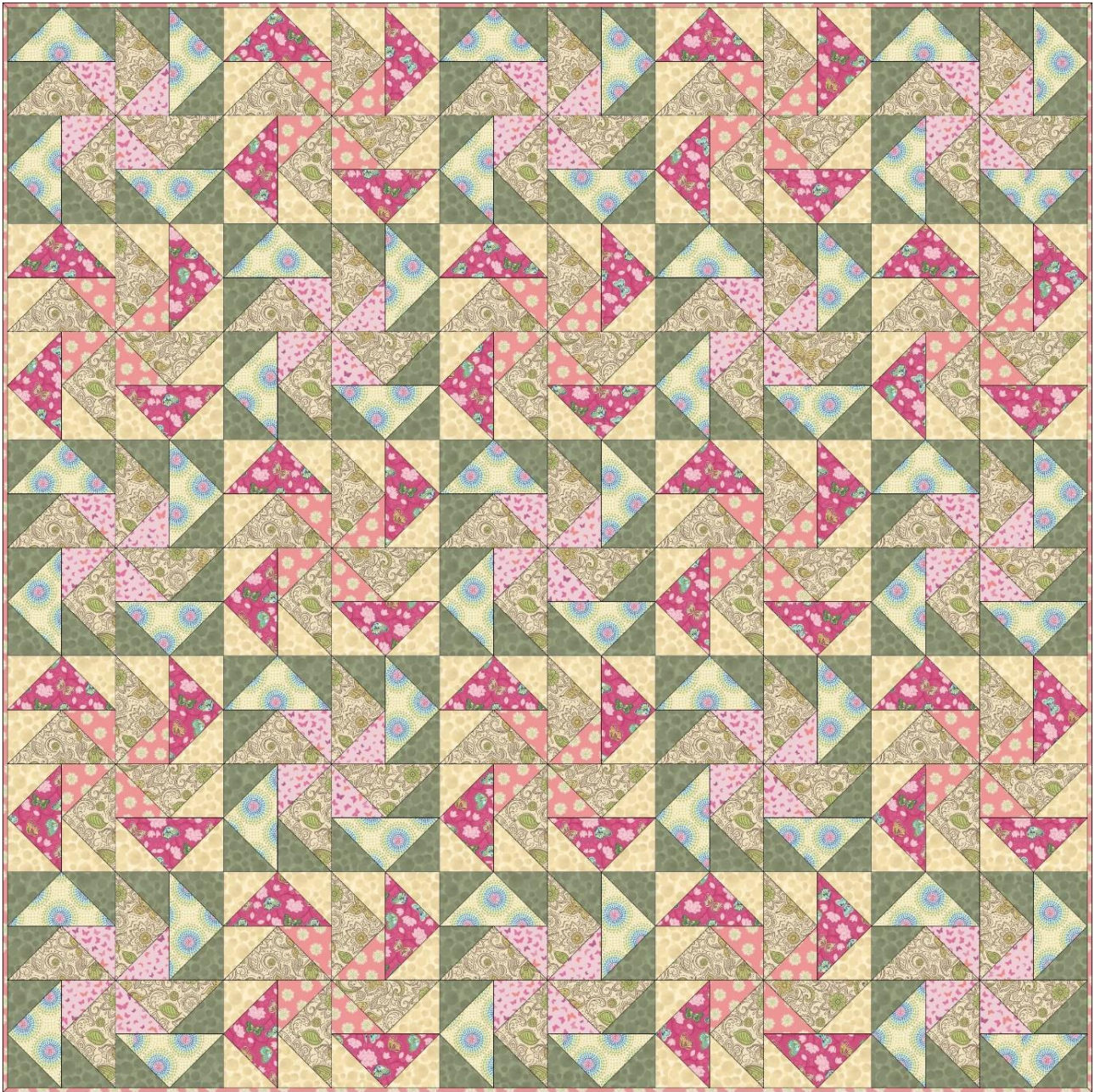
threaded with love

Sew Mindful Quilt

Designed and made by Sally Ablett

Size: 60" x 60"

Block: 12½" x 12½"



DESIGN 1 (Main Diagram)

FABRIC REQUIREMENTS (Sew Mindful Collection)

Fabric 1: 1½yd - 1.10mtr - A261.1 (Floral flow on mellow yellow)

Fabric 2: ½yd - 50cm - A262.2 (Butterflies on peaceful pink)

Fabric 3: ⅝yd - 70cm - A263.1 (Rainbow circles)

Fabric 4: ⅝yd - 70cm - A264.2 (Flowers mandalas on peach)

Fabric 5: ⅝yd - 70cm - A265.3 (Lotus flowers on hot pink)

Fabric 6: ⅞yd - 80cm - BB132 (Mellow yellow)

Fabric 7: ⅞yd - 80cm - BB141 (Khaki green)

Wadding and backing 64" x 64"

Use ¼" seam allowance throughout. Press all seams open unless otherwise noted

CUTTING

1. From fabric 1 cut:
25 x 7¼" x 7¼" cut in half diagonally twice
2. From fabric 2 cut:
26 x 3⅞" x 3⅞" cut in half diagonally once
3. From fabric 3 cut:
13 x 7¼" x 7¼" cut in half diagonally twice
4. From fabric 4 cut:
24 x 3⅞" x 3⅞" cut in half diagonally once
5. From fabric 5 cut:
12 x 7¼" x 7¼" cut in half diagonally twice
6. From fabric 6 cut:
72 x 3⅞" x 3⅞" cut in half diagonally once
7. From fabric 7 cut:
78 x 3⅞" x 3⅞" cut in half diagonally once

MAKING UP THE BLOCK



Block 1



Block 2

The block is made up from a flying geese block.

For each part, you will have two small triangles and one large triangle. Lay out the fabric for your block. Sew one of the small triangles to the short side of the large triangle, then the other small one to the opposite side

For each block, you will have eight flying geese blocks. Sew two together and then sew in rows and then the rows together to make a block

For block 1 you will sew 13 in total and for block 2 you will sew 12 blocks in total

Lay out the blocks as in the main diagram

Sew the top row together pressing the seams to the right, each time press the seam in the opposite way. This helps when sewing the quilt top together



QUILTING

Sandwich quilt top, wadding and backing together. Quilt by hand or machine as desired. Trim backing and wadding to size

BINDING

Use your favourite method to bind the quilt from fabric 4

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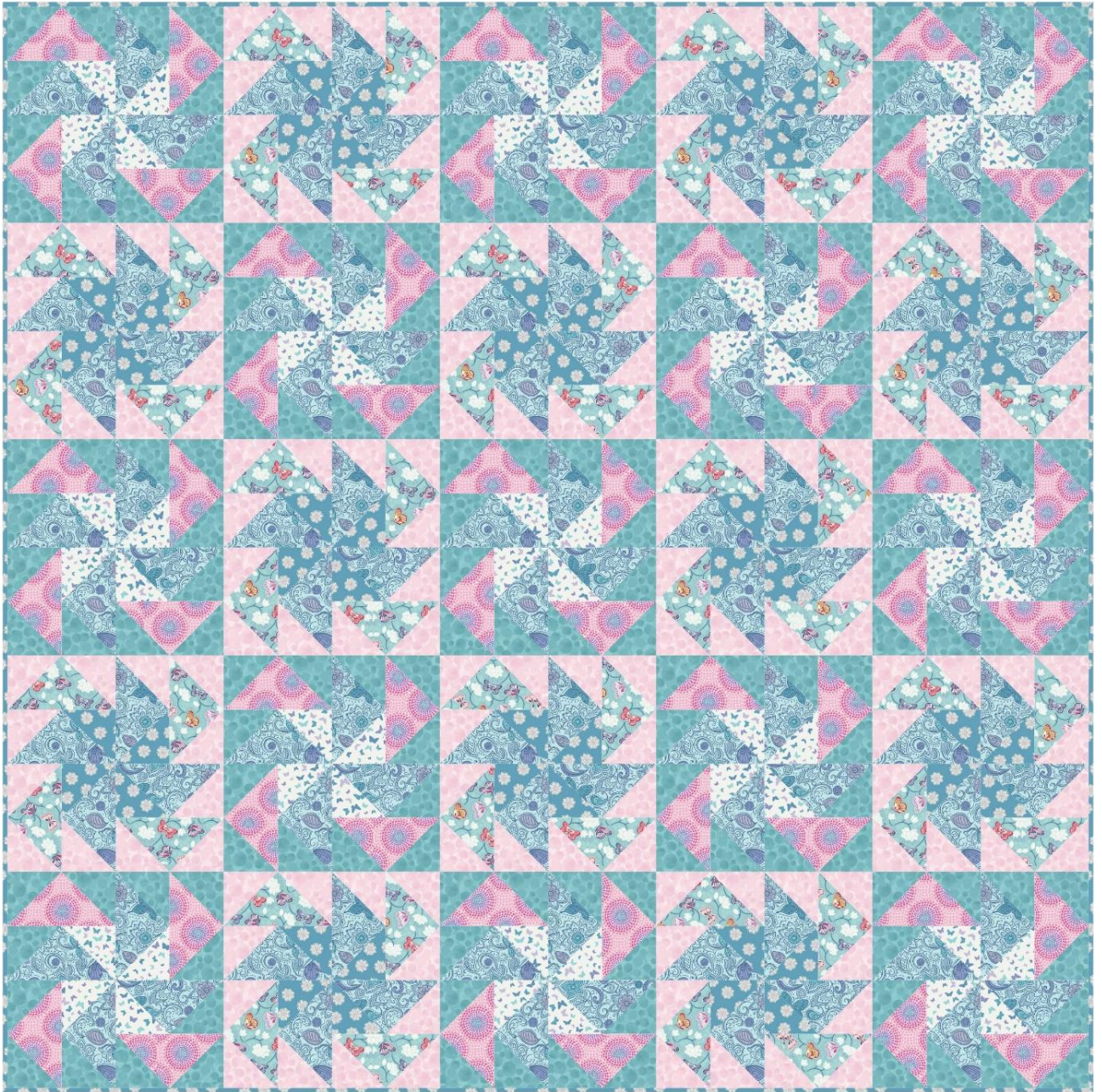
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DESIGN 2 (Main Diagram)

FABRIC REQUIREMENTS (Sew Mindful Collection)

Fabric 1: 1¼yd - 1.10mtr - A261.3 (Floral flow on blissful blue)

Fabric 2: ½yd - 50cm - A262.3 (Butterflies on blissful blues)

Fabric 3: ⅝yd - 70cm - A263.2 (Pinky circles)

Fabric 4: ⅝yd - 70cm - A264.3 (Flowers mandalas on blue)

Fabric 5: ⅝yd - 70cm - A265.2 (Lotus flowers on pale blue)

Fabric 6: ⅞yd - 80cm - BB130 (Candyfloss)

Fabric 7: ⅞yd - 80cm - BB134 (Turquoise)

Wadding and backing 64" x 64"

Use ¼" seam allowance throughout. Press all seams open unless otherwise noted

CUTTING

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24 x 3⅞" x 3⅞" cut in half diagonally once
5. From fabric 5 cut:
12 x 7¼" x 7¼" cut in half diagonally twice
6. From fabric 6 cut:
72 x 3⅞" x 3⅞" cut in half diagonally once
7. From fabric 7 cut:
78 x 3⅞" x 3⅞" cut in half diagonally once

MAKING UP THE BLOCK



Block 1



Block 2

The block is made up from a flying geese block.

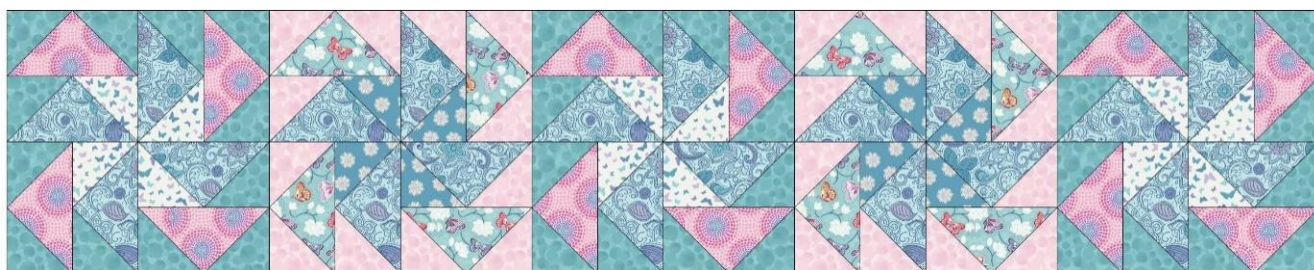
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BINDING

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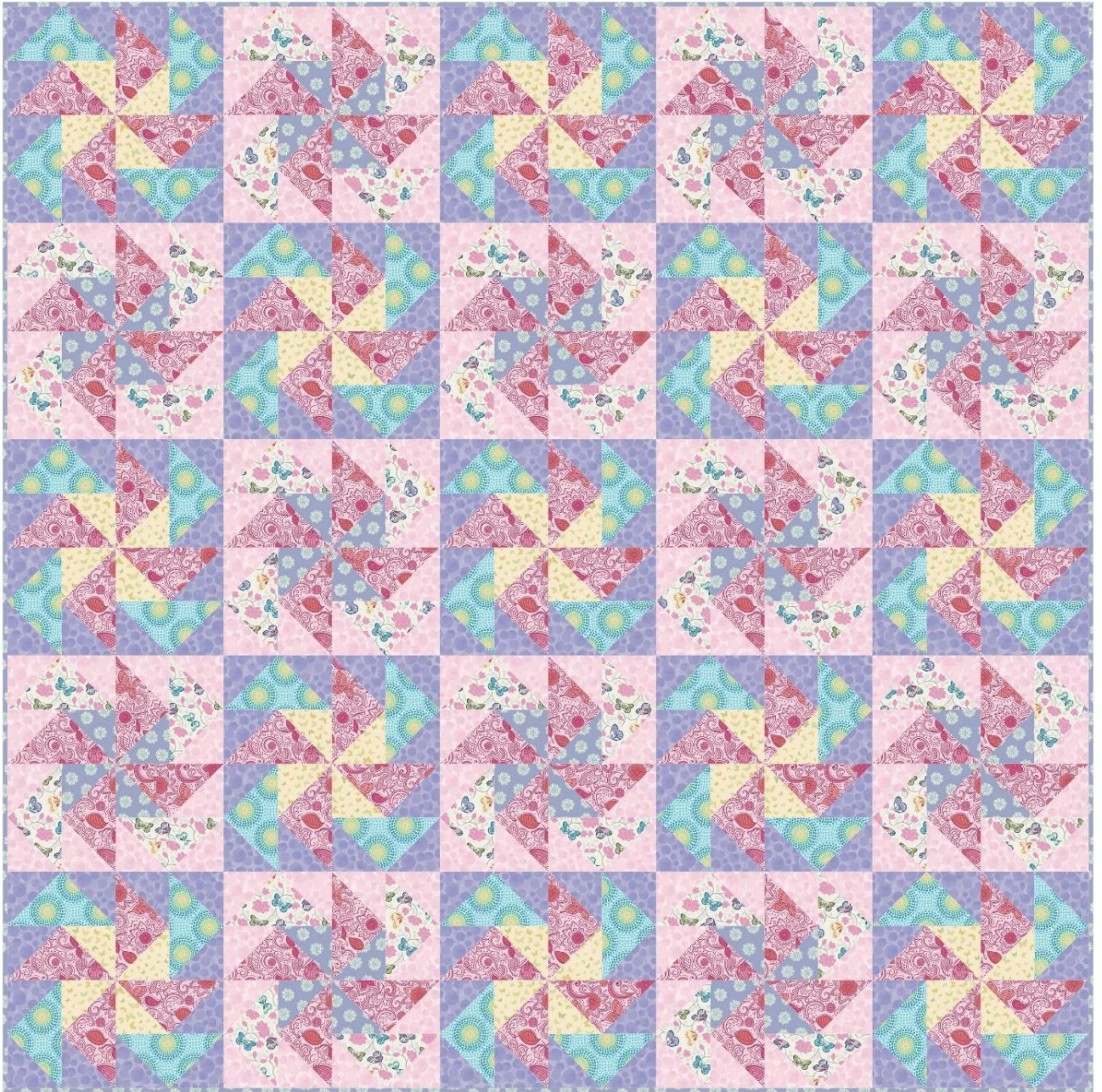
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Block: 12½" x 12½"



DESIGN 3 (Main Diagram)

FABRIC REQUIREMENTS (Sew Mindful Collection)

Fabric 1: 1½yd - 1.10mtr - A261.2 (Floral flow on peaceful pink)

Fabric 2: ½yd - 50cm - A262.1 (Butterflies on mellow yellow)

Fabric 3: ⅝yd - 70cm - A263.3 (Bluey circles)

Fabric 4: ⅝yd - 70cm - A264.1 (Flowers mandalas on lilac)

Fabric 5: ⅝yd - 70cm - A265.1 (Lotus flowers on cream)

Fabric 6: ⅞yd - 80cm - BB130 (Candyfloss)

Fabric 7: ⅞yd - 80cm - BB133 (Lavender)

Wadding and backing 64" x 64"

Use ¼" seam allowance throughout. Press all seams open unless otherwise noted

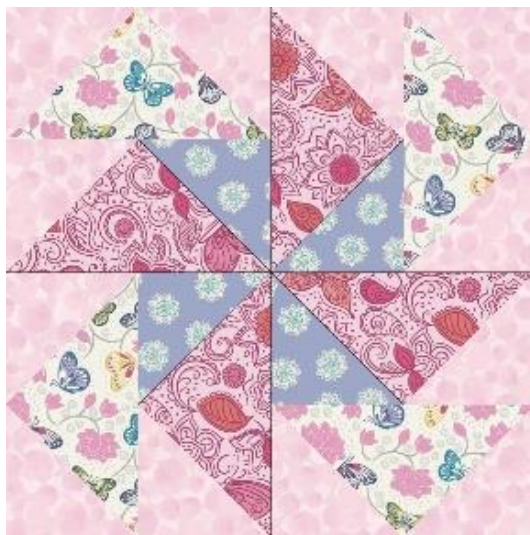
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MAKING UP THE BLOCK



Block 1



Block 2

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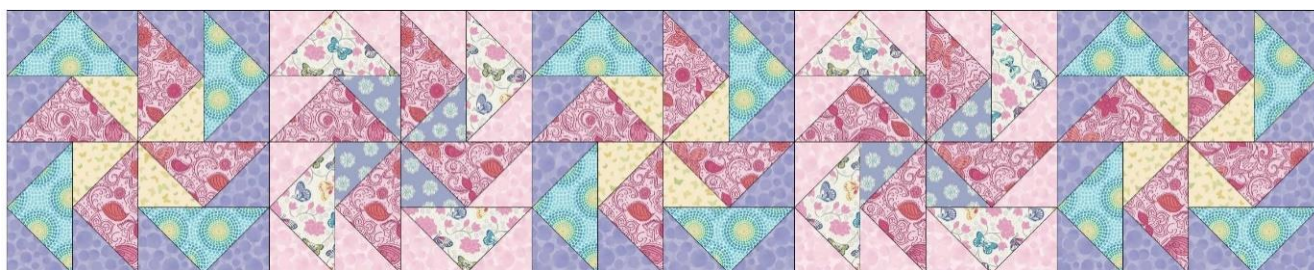
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BINDING

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